Locally Grown Produce



A wide variety of produce is grown in Arkansas, and the Arkansas Grown[®] trademark will help you spot them. Whether in stores or at farmer's markets, the Arkansas Grown[®] trademark will show you whether the food was grown or produced in Arkansas. For more information on buying Arkansas produce, visit *www.arkansasgrown.org, littlerock.locallygrown.net,* or *www.marketmaker.uiuc.edu*.

Below and on the next page you will find listings of fruits and vegetables grown in Arkansas and the months in which they are harvested.

| | May | June | July | August | September | October |
|--------------|-----|------|------|--------|-----------|---------|
| Apples | | 7 | | | - | |
| Blackberries | | | | | | |
| Blueberries | | | | | - | |
| Cantaloupe | | | | | | |
| Grapes | | | | | | |
| Muscadines | | | | | | |
| lectarines | | | | | | |
| Peaches | | | | | | |
| Plums | | | | | | |
| Raspberries | | 1 | | | | |
| Strawberries | | | | | | |
| Watermelon | | | | | | |

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| | Jan | Feb | March | April | May | June | July | Aug | Sept | Oct | Nov | Dec |
|---------------|---------|--------|-------|-------|-----|------|------|-----|------|-----|-----|-----|
| Asparagus | | | | | | | | | | | | |
| Beans (Green) | | | | | | | | | | | | |
| Beets | | | | | | | | | | | | |
| Broccoli | | | | | | | | | | | | |
| Butter Beans | | | | | | | | | | | | |
| Cabbage | | | | | | | | | | | | |
| Carrots | | | | | | | | | | | | |
| Cauliflower | | | | | | | | | | | | |
| Chard | | | | | | | | | | | | |
| Collard | | | | | | | | | | | | |
| Cucumbers | | | | | | | | | | | | |
| Eggplant | | | | | | | | | | | | |
| English Peas | | | | | | | | | | | | |
| Greens, Leafy | | | | | | | | | | | | |
| White | | | | | | | | | | | | |
| Potatoes | | | | | | | | | | | | |
| Kale | | | | | | | | | | | | |
| Lettuce | | | | | | | | | | | | |
| Okra | | | | | | | | | | | | |
| Onions | | | | | | | | | | | | |
| Peppers | | | | | | | | | | | | |
| Pumpkin | | | | | | | | | | | | |
| Radish | | | | | | | | | | | | |
| Black-Eyed | | | | | | | | | | | | |
| Peas | | | | | | | | | | | | |
| Spinach | | | | | | | | | | | | |
| Summer | | | | | | | | | | | | |
| Squash | | | | | | | | | | | | |
| Sweet Corn | | | | | | | | | | | | |
| Sweet | | | | | | | | | | | | |
| Potatoes | | | | | | | | | | | | |
| Tomatoes | | | | | | | | | | | | |
| Turnip Greens | | | | | | | | | | | | |
| Winter | | | | | | | | | | | | |
| Squash | | | | | | | | | | | | |
| Indicates su | mmer mo | onths. | | | | | | | | 178 | | |

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